Edmonton Acro Daily Health Screening Checklist

Due to the Coronavirus (COVID-19) outbreak we are taking extra precautions with the care of every member to include session tracking, social distancing protocols and enhanced sanitation/disinfection procedures in accordance with the Alberta Heath Services.

Guideline adherence

Has the participant been following government health guidance regarding social distancing and group activities for the past 14 days?

If NO, please do not attend class until you have completed any Alberta Health guidelines regarding self-isolation or quarantine.

Symptom Checklist

I understand/agree that if on any given day throughout the above noted session, the participant exhibits any of the symptoms below, the participant is required to remain home and will NOT be allowed to participate in any training sessions, camps, or any other activities.

- 1. Fever (Greater than 38.0 C)
- 2. Cough
- 3. Shortness of Breath/Difficulty Breathing
- 4. Sore Throat
- 5. Chills
- 6. Painful Swallowing
- 7. Runny Nose/Nasal Congestion
- 8. Felling unwell / Fatigued
- 9. Nausea/Vomiting/Diarrhea
- 10. Unexplained loss of appetite
- 11. Loss of sense of taste or smell
- 12. Muscle / Joint Aches
- 13. Headache
- 14. Conjunctivitis (Pinkeye)

Additional Questions

I understand/agree that by answering YES to any of the following questions, on any given day throughout the above noted session, the participant noted above is required to remain home and will NOT be allowed to participate in any training sessions, camps, or any other activities.

- 1. Has the attendee travelled outside of Canada in the last 14 days?
- 2. Has the attendee had close contact* with a confirmed case of COVID-19 in the last 14 days?
- 3. Has the attendee had close contact with a symptomatic** close contact of a confirmed case of COVID-19 in the last 14 days?

*Face-to-face contact within 2 metres. A health care worker in a occupational setting wearing the recommended personal protective equipment is not considered to be a close contact.

**'Ill/symptomatic' means someone with COVID-19 symptoms on the list above. If the participant has answered "YES" to any of the above questions do not participate. Proceed home and use the AHS Online Assessment Tool to determine if testing is recommended.

If the participant arrives exhibiting any of the above symptoms, staff has the right to refuse entry into the facility. If the participant develops any of the above symptoms, staff will implement their rapid response to symptomatic individuals' policy.